

My Dream Home

I have always liked to look at and tour beautiful homes. I remember one Sunday our whole family went for a ride and since we all like driving around and looking at nice homes we stopped by this upscale neighborhood.

I saw this breathtaking house and I took a picture of it. When I got home I put the picture on my Goal Poster and put the poster in my office where it would always be in front of me. That was in 1999.

Everyone who came to my office would ask “Is this your next home?” I would answer “Yes, this is my dream house!”

Eight years had passed and my husband and I were deciding what to do, level the house we were in and build or buy a new one. We talked to an architect and decided to drive around on Sunday to get ideas and take pictures of what we like. Our appointment with the architect was that Wednesday so we were doing our “homework.” Tuesday we found our home. It’s as if my subconscious never gave up, even though two weeks earlier I took down the picture of my dream house from my Goal Poster thinking “I guess it’s not a house like that after all.”

My subconscious mind was at work every day, being fed systematically with images that I had placed on my Goal Poster. Eventually it transformed my dreams into reality. It’s as if it solved an equation based on the given I had supplied. It took eight years but the solution came.

When I emailed the picture of the house my husband and I found that Tuesday to my kids, they were in shock. “Mom, we’re getting goose bumps, this house looks almost identical to the one from your Goal Poster. Mom, this is incredible! You attracted this house with the power of Your Intention. Congratulations!” I thought... What a lesson about the power of Intention and Attraction for my kids.



House from the Goal Poster in Barrington
Picture taken in 1999



House which we bought in Barrington in June 2007
Built in 1999

You know, when I first entered that house I had a weird feeling. I felt like someone took a warm, cozy blanket and wrapped it around me, that is when my heart started beating faster. Now I know why. My subconscious was letting me know that my order from eight years ago has been fulfilled. With prayer on my lips “Lord, if this is the house I am supposed to have, please bless me, but if not please close every door and don’t let me make a mistake.” This was supposed to be my home and today it is. ☺

I put one more thing on my Goal Poster – an order to become a National Sales Director and it read “People will come from East and West, North and South” and they did. They came from three continents, four countries: USA, Poland, Canada and Philippines. We debuted as a National Area May 1st, 2006.

All my dreams came true. My heart is filled with gratitude. To put it in perspective when I came to the United States I didn't have any money (to be exact, I had \$92 in my pocket) but I had something more powerful, HOPE. HOPE for a better tomorrow for my family and I. The same was true when I began my Mary Kay career; I invested HOPE for my future.

My motto is "It is not important what I don't have but it is important what I want!"

I am sharing this story of my dream home from my Goal Poster so YOU can believe that anything is possible.

Dream Big!!!

With Love,
Halina Rygiel – NSD

Is it Worth Making a Goal Poster and Why? How does it work?

Even though I heard so much about the importance of the Goal Poster and what an integral role it has in the pursuit and achievement of our dreams I myself didn't have one for a long time. I believed that knowing what I wanted in my head would suffice.

No one ever explained to me how it works. One day I was reading a book and I had an epiphany. I finally understood the core philosophy behind the Goal Poster.

Do you know what I came to realize?

That our brain works like a camera taking mental pictures? It sends the images from the conscious mind to the subconscious mind. Our subconscious mind collects all the information that is necessary for it to become our "guide" in life.

Our subconscious operates based on the information we provide it. Our every day thoughts and images (what it sees and hears).

Therefore never think of what you don't want in life. Don't paint yourself a picture that you don't want to look at, because then you are programming your subconscious with wrong information that will yield results inline with that kind of thinking. Alternatively, think of what you want to achieve, because you attract to your life what you think about.

If we focus on WHAT we want, the subconscious will deliver the HOW. Of course, we have to help our subconscious, and make an effort and work toward our dreams.

The moment I understood this concept, the next Monday I made a Goal Poster with my consultants during our business meeting.

Believe me, neither You nor I can afford to think about what we lack in our lives; "What is going to happen if I don't get this? What if this doesn't work out?" and so on. Unfortunately, this kind of thinking is innate to human nature; it comes from the fear of failure.

DO NOT PAINT A PICTURE THAT YOU DO NOT WANT TO LOOK AT

Help Yourself! Make a Goal Poster and place on it what you want for Yourself and your Family!! You must work to achieve these dreams!

Help your subconscious direct you to all the incredible things which God has planned for you. You were created with everything you need to achieve your greatest potential and live a full, happy life as God intended. Trust Him and follow your plan to maximize your potential without any hesitation.

All you have to do is paint what you want, believe in your abilities (that you can do it) and most importantly that you deserve it. In that mind set work toward your goal systematically, with belief as if the end result has already been achieved. Persistence and determination will get you there.

I wish you this from the bottom of my heart, trusting that you will make your Goal Poster.

With belief in You,
Halina Rygiel - NSD